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QUICK FACTS

Location	J.D. Morgan Center, 325 Westwood Plaza
	Los Angeles, CA 90095
Athletics Phone	(310) 825-8699
Chancellor	Gene Block
Director of Athletics	Dan Guerrero
Associate Athletics Director	Bob Field
Senior Women's Administrator	Petrina Long
Faculty Athletic Representative	Donald Morrison
Home Facility	Marina del Rey/Ballona Creek
Enrollment	37,500
Founded	1919
Colors	Blue and Gold
Nickname	Bruins
Conference	Pacific-10
Conference Phone	(925) 932-4411
Conference Fax	(925) 932-4601

National Affiliation	NCAA Division I
Head Coach	Amy Fuller Kearney
Head Coach's Alma Mater	UC Santa Barbara '90
Rowing Office Phone	(310) 206-6828
Assistant Coaches	Bill Zack, Justin Price
2009 Pac-10 Team Finish	7th
2009 Pac-10 Varsity Eight Finish	7th
2009 NCAA Postseason	None
Letterwinners Returning	26
Women's Rowing SID	Alex Timiraos
SID E-mail	atimiraos@athletics.ucla.edu
SID Phone	(310) 206-4008
SID Fax	(310) 825-8664
Sports Information Director	Marc Dellins
Athletics Web Site	www.uclabruins.com

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PURCHASE: Copies of the women's rowing media guide can be purchased in person at UCLA's Sports Information Office for \$6.00. By mail, make checks payable for \$8.00 to UC Regents and mail to UCLA Athletic Dept. - Sports Information Office, Women's Rowing Guide, PO Box 24044, Los Angeles, CA 90024.

2010 ROSTER



Name	Year	Position	Height	Hometown (Previous School)
Piper Akol	So.	Port/Starboard	5-11	Orinda, Calif. (Miramonte)
Anastasia Alexander	So.	Starboard	5-7	Long Beach, Calif. (Wilson)
Jennifer Barnard	So.	Port	5-9	Riverside, Calif. (Riverside Poly)
Nadia Basilio	So.	Port	5-6	Santa Clara, Calif. (Cupertino)
Alexandra Bolt	Sr.	Port	5-9	Santa Rosa, Calif. (UC Irvine)
Victoria Breidenthal	Fr.	Starboard	5-10	San Jose, Calif. (Los Gatos)
Tara Briggs	Fr.	Starboard	5-10	Alexandria, Va. (T.C. Williams)
Meguire Broersma	Fr.	Starboard	5-11	Los Alamitos, Calif. (Los Alamitos)
Hilary Caldwell	Fr.	Port/Starboard	6-0	Washington, D.C. (Sidwell Friends School)
Leslie Chou	So.	Coxswain	5-2	Orinda, Calif. (Miramonte)
Jasmine Conrad	Fr.	Port/Starboard	5-11	San Francisco, Calif. (Lowell)
Lauren Counter	Sr.	Port/Starboard	5-11	Long Beach, Calif. (Long Beach Poly)
Kayla Cox	So.	Starboard	5-7	Sonoma, Calif. (Sonoma Valley)
Emily Crowley	Fr.	Coxswain	5-1	Saratoga, Calif. (St. Francis)
Caroline Curson	Jr.	Starboard	5-10	Del Mar, Calif. (Torrey Pines)
Christa Czer	Jr.	Starboard	5-7	Santa Monica, Calif. (Santa Monica City College)
Megan Danley	So.	Starboard	5-8	Pacific Grove, Calif. (Robert Louis Stevenson)
Kaitlin Doering	Sr.	Port	6-0	Alameda, Calif. (Alameda)
Leah Drummond	Fr.	Port/Starboard	6-1	Lake Forest, Ill. (Lake Forest)
Lisa Erlanger	So.	Coxswain	5-1	Hillsborough, Calif. (San Mateo)
Alexa Farafontoff	Fr.	Port/Starboard	6-0	El Dorado Hills, Calif. (Oakridge)
Kristin Fitzmorris	Sr.	Port/Starboard	5-7	Dana Point, Calif. (Dana Point)
Tessa Gallagher	So.	Port/Starboard	6-1	Menlo Park, Calif. (Notre Dame HS)
Erin Grajewski	So.	Port/Starboard	5-10	Winston-Salem, N.C. (Choate Rosemary Hall)
Mia Hamano	Fr.	Coxswain	5-0	Piedmont, Calif. (Piedmont)
Lynn Hancock	Sr.	Port/Starboard	6-2	Vancouver, B.C. (Crofton House)
Ariel Handler	So.	Coxswain	5-1	Newport Beach, Calif. (Corona del Mar)
Monica Harvancik	Jr.	Port	5-8	Los Altos, Calif. (Mountain View)
Carissa Heath	So.	Port	5-11	Gilroy, Calif. (Gilroy)
Katherine Hruska	Jr.	Port/Starboard	6-1	Albany, Calif. (Albany)
Laurel Hyatt-Miller	So.	Port	5-10	Placerville, Calif. (Union Mine)
Erica Keller	Fr.	Starboard	5-11	Monte Vista, Calif. (Monte Vista)
Anoush Khojikian	Jr.	Port/Starboard	5-10	Anaheim, Calif. (Orange Coast College)
Lauren King	So.	Port/Starboard	5-11	Costa Mesa, Calif. (Edison)
Alaizah Koorji	Jr.	Coxswain	4-11	Orinda, Calif. (Miramonte)
Rachel LaBella	Jr.	Starboard	5-9	Princeton Junction, N.J. (Plainsboro HS South)
Brianna Lawrence	So.	Port/Starboard	5-10	Edwards Air Force Base, Calif. (Desert)
Erica Lockard	Fr.	Starboard	5-10	Nutley, N.J. (The Peddie School)
Jessica McGuire	Fr.	Port	5-10	Chino, Calif. (St. Lucy's)
Emily McLaughlin	Fr.	Starboard	5-9	San Diego, Calif. (Serra)
Alexis McPhee	Fr.	Port	6-1	Rolling Hills Estates, Calif. (Peninsula)
Jennifer Monacelli	So.	Starboard	5-6	South Haven, Mich. (South Haven)
Anna Musky-Goldwyn	So.	Port/Starboard	5-10	New Canaan, Conn. (New Canaan)
Lindsay Pollock	So.	Port/Starboard	5-8	Los Angeles, Calif. (Windward)
Jaya Reddy	Fr.	Coxswain	5-1	San Mateo, Calif. (Notre Dame HS)
Tamar Schaap	Fr.	Starboard	5-11	Tracy, Calif. (Merrill F. West)
Anne Schier	Sr.	Starboard	5-7	Orinda, Calif. (Miramonte)
Kirstin Snook	Fr.	Port	5-7	Los Gatos, Calif. (Los Gatos)
Mariko Snyder	Fr.	Starboard	5-6	Westlake Village, Calif. (Agoura)
Christina Sprouse	Sr.	Starboard	5-9	Northridge, Calif. (L.A. Baptist)
Britta Syverson	Fr.	Port	6-0	Minneapolis, Minn. (Southwest)
Lucy Thomas	Fr.	Port	5-11	Moraga, Calif. (Capolino)
Taylor Vella	So.	Port	5-10	Long Beach, Calif. (Los Alamitos)
Anya Vo	Fr.	Starboard	5-10	Santa Clara, Calif. (St. Francis)
Natasha Weidemann	Fr.	Starboard	5-10	Laguna Niguel, Calif. (Aliso Niguel)
Chelsea Wolfe	Jr.	Starboard	5-4	Manhattan Beach, Calif. (Mira Costa)
Sabina Woodward	Fr.	Port	5-11	Monte Vista, Calif. (Monte Vista)

Coaching Staff

Amy Fuller Kearney	Head Coach	9th season
Bill Zack	Assistant Coach	8th season
Justin Price	Assistant Coach	1st season
Liz Wilson	Assistant Coach	1st season



Class Breakdown

Seniors (7)

Alexandra Bolt
Lauren Counter
Kaitlin Doering
Kristin Fitzmorris
Lynn Hancock
Anne Schier
Christina Sprouse

Juniors (8)

Caroline Curson
Christa Czer
Monica Harvancik
Katherine Hruska
Anoush Khojikian
Alaizah Koorji
Rachel LaBella
Chelsea Wolfe

Sophomores (20)

Piper Akol
Anastasia Alexander
Jennifer Barnard
Nadia Basilio
Leslie Chou
Kayla Cox
Megan Danley
Lisa Erlanger
Tessa Gallagher
Ariel Handler
Erin Grajewski
Carissa Heath
Laurel Hyatt-Miller
Lauren King
Brianna Lawrence
Jennifer Monacelli
Anna Musky-Goldwyn
Lindsay Pollock
Taylor Vella

Freshmen (23)

Victoria Breidenthal
Tara Briggs
Meguire Broersma
Hillary Caldwell
Jasmine Conrad
Emily Crowley
Leah Drummond
Alexa Farafontoff
Mia Hamano
Erica Keller
Erica Lockard
Jessica McGuire
Emily McLaughlin
Alexis McPhee
Jaya Reddy
Tamar Schaap
Kirstin Snook
Mariko Snyder
Britta Syverson
Lucy Thomas
Any Vo
Natasha Weidemann
Sabina Woodward

Geographic Breakdown

California (48)

Piper Akol
Anastasia Alexander
Jennifer Barnard
Nadia Basilio
Alexandra Bolt
Meguire Broersma
Leslie Chou
Jasmine Conrad
Lauren Counter
Kayla Cox
Emily Crowley
Caroline Curson
Christa Czer
Megan Danley

Kaitlin Doering
Lisa Erlanger
Alexa Farafontoff
Kristin Fitzmorris
Tessa Gallagher
Mia Hamano
Ariel Handler
Monica Harvancik
Carissa Heath
Katherine Hruska
Laurel Hyatt-Miller
Erica Keller
Anoush Khojikian
Lauren King
Alaizah Koorji

Brianna Lawrence
Jessica McGuire
Emily McLaughlin
Alexis McPhee
Lindsay Pollock
Jaya Reddy
Tamar Schaap
Anne Schier
Kirstin Snook
Mariko Snyder
Christina Sprouse
Lucy Thomas
Taylor Vella
Any Vo
Natasha Weidemann

Chelsea Wolfe
Sabina Woodward

New Jersey (2)

Rachel LaBella
Erica Lockard

Connecticut (1)

Anna Musky-Goldwyn

Illinois (1)

Leah Drummond

Michigan (1)

Jennifer Monacelli

Minnesota (1)

Britta Syverson

North Carolina (1)

Erin Grajewski

Virginia (1)

Tara Briggs

Washington, D.C. (1)

Hillary Caldwell

Canada (1)

Lynn Hancock



UCLA Rowing Encouraged by Team's Balance, Returning Experience

Bolstered by strong core of upperclassmen, Bruins seek Pac-10 Championship and entry to NCAA Championships

Encouraged by a deep group of returning athletes and talented newcomers, the UCLA women's rowing program seeks to compete for the Pac-10 title in addition to earning a team berth to the NCAA Championships. Led by ninth-year head coach Amy Fuller Kearney, the Bruins feature a balanced roster in 2010, spearheaded by the team's seven seniors.

Fuller Kearney has been instrumental to UCLA's success over the past decade, helping bring back UCLA's rowing program in 2001 and transforming the team to new heights. The Bruins sent their varsity eight crew as an at-large selection to the NCAA Championships in 2005, 2006 and 2007 and are motivated to earn a team berth to the NCAA Championships in Rancho Cordova, Calif.

UCLA looks to benefit in 2010 from a deep roster — the Bruins feature seven seniors, eight juniors, 20 sophomores and 23 freshmen. Led by team captains Kaitlin Doering, Kristin Fitzmorris and Alaizah Koorji, UCLA had a productive fall and has set lofty goals for its spring season.

"Our team has really bought into the idea that everybody has to push themselves to be better, rather than relying on just a few top rowers to get the job done," Fuller Kearney said. "It's the collective effort of our team that will define how we finish in May. Our team captains have set the tone and are pushing everyone to become better rowers."

Doering and Fitzmorris are two of the team's four-year senior rowers and have been integral members of UCLA's varsity eight crews. Doering rowed in the second varsity as a junior last spring, and Fitzmorris rowed in the varsity eight. Both are expected to push for spots in the varsity crews against this year. Koorji has coxed UCLA's varsity eight in each of her two seasons in Westwood. A talented coxswain from Orinda, Calif., Koorji has established herself as a strong leader both on the water and in the classroom.

"Alaizah is a great leader and has really grown a lot this season in terms of maturity and knowing how to motivate her teammates," Fuller Kearney said. "She has done a great job developing into a more well-rounded coxswain, and we're excited to have her back this spring."

In addition to the team's two senior captains, UCLA boasts five other talented seniors in 2010. Lauren Counter, Lynn Hancock and Christina Sprouse return after having made significant contributions the past three seasons. Counter stroked the Bruins' varsity eight last season and will push to assume that role again this spring.

"We love the rhythm that Lauren brings to the boat," Fuller Kearney said. "She has a great feel for the boat, not only to make it accelerate, but to sustain its speed. She had a strong junior season and we look for her to improve this year, too."

Hancock fought through nagging injuries last season. But, a productive summer and fall helped her back to full strength, and she looks to finish her collegiate career going out on top. Hancock has rowed in UCLA's varsity eight crews in each of her three seasons and looks to do the same this spring.

"Lynn has returned for her senior season stronger than ever," Fuller Kearney said. "She has come back on a mission, determined to make her senior year her best yet. It's really great to see her back in top form."

Sprouse was a vital cog in UCLA's second varsity one year ago. She stroked the second varsity in the team's annual dual-meet against USC and at the Pac-10 Championships. A hard-working and dedicated student-athlete, Sprouse has been a mainstay in UCLA's program since joining the team as a walk-on her freshman year.

"Christina has developed one of the greatest work ethics in our program, really helping to raise the effort level of our team's freshmen," Fuller Kearney said. "She understands the level of aerobic fitness that we need to succeed, and it's great to see her be a top role model for our newcomers."

Two of the Bruins' seniors — Alex Bolt and Anne Schier — did not row for UCLA last season. Bolt transferred to UCLA after having excelled as a three-year rower at UC Irvine, which discontinued its rowing program. Schier returns to the Bruins' program after having spent the last two seasons away from the water. Both Bolt and Schier will be counted upon to provide depth and experience for UCLA.

"Alex brings much-needed depth to this team," Fuller Kearney said. "She wants to advance to elite-level rowing after college and brings a true passion for this sport. Anne rowed as a freshman, took some time off and realized that she really missed the competition. We are excited to have her back because she is an athlete who can excel sitting anywhere in the boat."

Likewise, the Bruins return a junior class that is equally talented and motivated to succeed. In addition to Koorji, Caroline Curson and Rachel LaBella highlight the team's group of juniors, having rowed in varsity eight crews last season. LaBella has rowed in varsity boats in each of her previous two years and looks to assume an even stronger leadership role this season.

"Rachel has really hit a new gear and stride this year," Fuller Kearney said. "Being a junior now, she really seems to believe that she can do more and that she can bring more. It's always a thrill to see one of your athletes go to the next level, from being good to being great. That's the path that Rachel is on right now."

Curson rowed in UCLA's second varsity last spring and has overcome a hip injury in her time with the Bruins. Among one of the program's best technical rowers, Curson will vie for a seat in one of the varsity eight crews this season.

"Caroline has pushed herself every day to hit the standard necessary to make our program that much better," Fuller Kearney said. "She knows what it takes for us to achieve our goals, and she can certainly help us get there."

Among one of UCLA's greatest strengths in 2010 should be its talented youth. The Bruins' current sophomore class had a solid freshman campaign last year and, with one year's experience under its belt, should be that much stronger this season. Taylor Vella and Lindsay Pollock have emerged as two of UCLA's most talented and hard-working sophomores. Vella stroked the second varsity eight in several races last season, and Pollock split time rowing in the second varsity eight and varsity four crews.

"Both Taylor and Lindsay are great technicians and athletes who we, as a coaching staff, feel very comfortable putting in any seat in any boat," Fuller Kearney said. "We know that they are going to contribute, and they both have been getting stronger and more fit each day."

Other sophomores expected to make bigger contributions include Megan Danley, Piper Akol, Jennifer Barnard, Nadia Basilio and Laurel Hyatt-Miller. Akol and Barnard rowed in UCLA's novice crew and will be looked upon as potential contributors in a varsity boat this spring.

"Megan entered our program as a walk-on last year, and she did a tremendous job for us," Fuller Kearney said. "She brings a lot of power and determination to this team. Piper and Jennifer both trained so hard over the summer and came back in great shape with something to prove. Nadia and Laurel contributed in our second varsity last year, and we know both will make great improvements as sophomores this spring."

A trio of sophomore coxswains should push for time in the varsity crews this season. Leslie Chou coxed the second varsity one year ago and could return as the coxswain of that boat again this spring. Also in the mix to cox the program's varsity boats are sophomores Lisa Erlanger and Ariel Handler.

Yet perhaps the group with the most intrigue on this year's team lies within its freshman class. Fuller Kearney and her assistant coaches are cautiously optimistic that several key freshmen will not only compete for spots on the varsity crews, but also help push their upperclassmen teammates to new heights. A collection of six recruited freshmen — Britta Syverson, Erica Lockard, Hilary Caldwell, Alexa Farafontoff, Alexis McPhee and Kirstin Snook — made a strong impact for UCLA in the fall and are expected to push for seats in the team's varsity crews.

"Knowing we have such great talent in our youngest class is very exciting for this program," Fuller Kearney said. "This group is very hungry and motivated to succeed, and they are buying into the culture of discipline that is required to build a champion."

Marina del Rey

The UCLA Boathouse, surrounded by Marina del Rey and Ballona Creek, is located just 11 miles south of UCLA. On the north side of the boathouse, the marina serves as both a practice site and a racing venue for fall regattas. On the south side, Ballona Creek serves as UCLA's own 2000m race course.

The UCLA women's rowing team also trains on campus at both Drake Stadium and at the Acosta Strength and Conditioning Facility. For ergometer workouts, the Bruins have 40 ergometers overlooking Drake Stadium and UCLA's beautiful North campus.



Ballona Creek



UCLA Boathouse



UCLA Boathouse Directions

From UCLA:

Take the 405 South (San Diego Freeway).
Take the 90 West (Marina del Rey Freeway).
Follow the 90 to its end (turns into surface street).
Make a LEFT on "Mindanao."
Make a LEFT on "Lincoln Blvd."
Make a RIGHT on "Fiji Way."
Address: 14001 Fiji Way, Marina del Rey, CA 90292

The Aquatic Center is located at the end of Fiji Way, behind the Villa Venetia Apartment Complex.

Parking at the boathouse is available on non-race days only. Arrangements must be made with the UCLA Marina del Rey Aquatic Center - (310) 823-0048.

Parking is also available off Fiji Way at the Fisherman's Village (five min. walk from boathouse) and at Dock 52 (15 min. walk).